

THE FW INSIDER

PERSONAL TIME REMINDER

According to Flowing Wells Governing Board policy, personal leave may be granted for up to five percent (5%) of the employees at each site on the day before or after a regularly scheduled holiday or recess. Once personal time has been approved for 5% of each site's staff, principals must deny additional personal time requests they receive. This policy helps the District avoid putting additional strain on the current situation with the substitute teacher shortage.



BENEFIT ME

Just in time for New Year's resolutions! For employees enrolled in our Blue Cross/Blue Shield Plan, there is a free resource available called the SHARECARE mobile application. It all starts with the "Real Age" test – a health assessment that provides you with the true age of your body in terms of health and vitality. From there, you can access relevant, personalized information that can help you stay healthy, meet your wellness goals, and live younger and longer! Specific features of the SHARECARE mobile app include: Articles, tools, and resources to meet your needs, motivation when you need it, with challenges and trackers to help you create healthy habits, and storage and access to your health information so it is always at your fingertips. See the images below to preview the app.

SHARECARE registration is optimized for mobile and desktop web browsers and is easy to use. Register at azblue.sharecare.com and get started today! You can access all the information on the Flowing Wells website under Quick Links / Employee Benefits / Health, Wellbeing & Engagement. If you have any questions or need support in downloading the app, please contact Elaine Kimbler at 696-8825.

